

# Introduction to palliative care

## OBJECTIVE

The objective of this introductory session is to sensitize participants to the definition of palliative care, to understand the history of this type of care and the concept of death, in order to better equip participants in their interventions with individuals at end of life and their families.

## CONTENT

The content of this half-day training session focuses on palliative care with a reflection on the issue of social exclusion of seniors. The session is structured around the following questions:

- Do seniors die differently?
- Do they need specific care?

During this interactive training session, the discussion will focus on the following points:

- Places of palliative care delivery
- The principle organizational issues
- The ethical issues of an interdisciplinary practice in palliative care
- The inevitable step of mourning

## RESULTS

By the end of this training session participants will:

- Have a better understanding of palliative care at home;
- Understand what is particular about interdisciplinary intervention in palliative care;
- Feel better equipped during their interventions.

## WHO IS THIS TRAINING FOR?

This training session is intended for multidisciplinary practitioners and students, but more particularly for those working with people at end of life and their families.

## Duration of the training session

In English – February 17, 2011, from 1:00 p.m. to 5:00 p.m.

In French – June 7, 2011, from 1:00 p.m. to 5:00 p.m.

## For more information:

CREGES

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